

# EASTERN PENNSYLVANIA CONFERENCE

## 2025-26 DIVISIONAL ALIGNMENTS



### THREE (3) DIVISIONS (Baseball, Basketball, Football, Softball, Track & Field, Girls Volleyball)

- **Monroe** (East Stroudsburg North, East Stroudsburg South, Pleasant Valley, Pocono Mountain East, Pocono Mountain West, Stroudsburg)
- **Northampton** (Becahi, Easton, Freedom, Liberty, Nazareth, Northampton)
- **Lehigh** (Allen, CCHS, Dieruff, Emmaus, Parkland, Whitehall)

### NO DIVISIONS

- **EPC** - Cross Country - 18 Schools
- **EPC** - Field Hockey - 17 Schools (No Teams: CCHS)
- **EPC** - Golf - 16 Schools (No Teams: Allen & Dieruff)
- **EPC** - Lacrosse
  - Boys - 10 Schools (No Teams: Allen, Dieruff, ES North, ES South, PM East, PM West, Stroudsburg, Whitehall)
  - Girls - 9 Schools (No Teams: Allen, Becahi, Dieruff, ES North, ES South, PM East, PM West, Stroudsburg, Whitehall)
- **EPC** - Swim/Dive - 16 Schools (No Teams: Becahi & P. Valley)
- **EPC** - Soccer:
  - Boys 18 Schools
  - Girls 17 Schools
- **EPC** - Tennis (B&G) - 18 Schools
- **EPC** - Volleyball (Boys) - 13 Schools (No Teams: CCHS, ES North, ES South, P. Valley, Stroudsburg)
- **EPC** - Wrestling - 17 Schools (No Teams: CCHS)

**Update: 7/1/2025**