



EASTERN PENNSYLVANIA CONFERENCE



2019 Cross Country All-Star Teams

Girl's Cross Country MVP: Emily Jobes, Liberty

EPC All-Stars

Ciara Conboy, Stroudsburg
Georgia Wiswesser, Northampton
Keerstin Augustin, Emmaus
Isabella Lees, Emmaus
Belle Weikert, Liberty
Isabel Devos, Allentown Central Catholic
Lauren Charboneau, Freedom
Amber Poniktera, Northampton
Brooke Labenberg, Parkland
Hailey Reinhard, Emmaus
Caitlin Voloshen, Nazareth
Margaret Burke, Bethlehem Catholic
Ava Bendetti, Parkland
Kera Reinhard, Emmaus

Boy's Cross Country MVP: Cole Frank, Liberty

EPC All-Stars

Marco Cardone, Easton
Daniel Brunner, Nazareth
Ethan Warren, Parkland
Jack Hollar, Pocono Mountain East
Alex Heidemann, Freedom
Brayden Graham, Stroudsburg
Mark Magee, Emmaus
Alex Hume, Freedom
Anthony Kositz, Nazareth
Keshav Shankar, Emmaus
Travis Lahr, Nazareth
Timothy Bunce, Easton
Benjamin Esquieres, Parkland
Cameron Carter, Emmaus