

# EASTERN







# PENNSYLVANIA























MOUNTAIN

WEST

MAY 27, 2015



### Eastern Pennsylvania Conference Scholar Athlete Luncheon

#### Welcome

Mr. Jeffrey Sodl, Scholar Athlete Chairman Principal, Stroudsburg High School

#### Introduction

Mr. Chris Schiffert, Eastern PA Conference President Principal, Whitehall High School

#### Presentation of Scholar Athletes

Mr. Jeffrey Sodl assisted by Chris Schiffert

#### Presentation of Character and Sportsmanship Award

Mr. Rusty Amato, Assistant Principal Nazareth High School

#### Lunch

#### Closing Statement

Mr. Jeffrey Sodl

# Eastern Pennsylvania Conference

# Winter and Spring Scholar Athletes

In keeping with the ideals developed by the EPC, the Conference is proud to announce the Scholar Athletes for the Winter and Spring of 2015 athletic season. All nominees are outstanding students, athletes, and role models within their school, community, and the Conference.

The following criteria was established and considered for the selection of each school's nominees as well as the EPC Scholar Athlete for each sport.

#### Academic Achievement - 40%

 Includes GPA, Class Rank, SATs, and participation in National Honor Society, Honor Rolls, and National Merit Scholarship

#### Athletic Achievement – 40%

All State, All EPC, Captaincy, Special Achievements

# Extra Curricular / Community Activities – 20%

 Participation in school activities as well as other varsity teams and community activities

# Eastern Pennsylvania Scholar Athlete Award Winners

# **Winter Sports**

Boys' Basketball	Brett Radocha
	Kimberly Barr
Cheerleading	Cali Wojciechowski
Boys' Swimming	Anthony Coates
Girls' Swimming	Alexandra Bodnar
•	John Callahan

# **Spring Sports**

Baseball	Chris Robasco
Softball	Madison Shoneberger
Boys' Tennis	Andrew Sinai
	Matthew Kiser
	Oliver Maloney
	Jordan Luciano
Boys' Lacrosse	Benjamin Zager
<u> </u>	Elizabeth Mitchell

# EPC Scholar Athlete Nominees by Sport

#### Award Winners in Bold

# Winter Sports

#### Boys' Basketball

#### Girls' Basketball

James NosovitchAllentown Central Catholic	Kailsta WaltersBethlehem Catholic
William KazuraEast Stroudsburg North	Darcy WolfAllentown Central Catholic
Michael FlemingEaston	Alexis AndersonDieruff
Jeffrey TorontoFreedom	Helena BachevaEast Stroudsburg North
Harrison CannLiberty	Elizabeth AsherEast Stroudsburg South
Brett KlineNazareth	Domanique Moser Easton
Garrett OplingerNorthampton	Jenna ReidEmmaus
Kevin DulorieParkland	Taylor GarzaFreedom
Bryan SharpePleasant Valley	Kimberly BarrNazareth
Jacob SteckelPocono Mountain East	Francesca SanchezNorthampton
Terrence Odhiambo Stroudsburg	Samantha O'Keefe Parkland
Brett RadochaWhitehall	Jenesa FieldsPleasant Valley
	Jackie BenitezPocono Mountain West
	Aileen ChellStroudsburg
	Karly KleinWhitehall

#### Cheerleading

#### Boys' Swimming

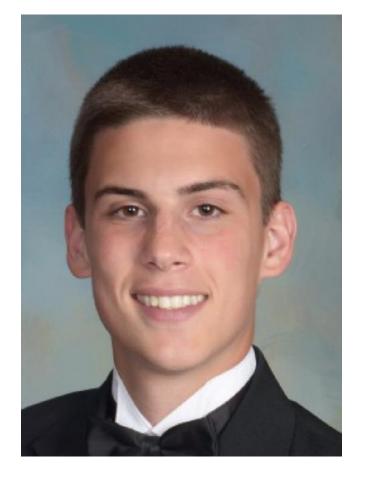
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Jordan NimehAllentown Central Catholic	Evan QuinterWilliam Allen
Paris CordovaDieruff	James CleeAllentown Central Catholic
Biancka OrtizEast Stroudsburg North	Francisco RiveraDieruff
Alana WintersEast Stroudsburg South	Samuel VelezEast Stroudsburg North
Kaleigh MellettEaston	Collin FishEast Stroudsburg South
Blaire SchoenlyEmmaus	Erik GudzinasEaston
Elaine FinkFreedom	John WoltornistEmmaus
Allison ClauseLiberty	Samuel MagnanFreedom
Sarah ZaleNazareth	Paul GrocholskeLiberty
Alyssa FordhamNorthampton	Jarrod HendricksNazareth
Cali Wojciechowski Parkland	Anthony CoatesParkland
Abigail RoselliPleasant Valley	George Fair IVPocono Mountain East
Tyra WigginsPocono Mountain West	NathanCrikelairStroudsburg
Bianca FernandezStroudsburg	Mina FeyrerWhitehall
Sarah ShafferWhitehall	

Girls' Swimming Wrestling

Caroline Patterson	William Allen
Maria Holstrom	Allentown Central Catholic
Graziella Buitron	East Stroudsburg North
Elissa Ligueri	East Stroudsburg South
Kelsey Jehl	Easton
Claire Frank	Emmaus
He.len Hsu	Freedom
Anita Kundu	Liberty
Madeline Blair	Nazareth
Madison Pursell	Northampton
Alexandra Bodnar	.Parkland
Margaux Palaski	Pocono Mountain East
Marissa Mesko	Stroudsburg

Andrew Dunn, Jr	Bethlehem Catholic
Jason A. Torok	Allentown Central Catholic
Selwyn Mayers	Dieruff
Tyler Cunard	East Stroudsburg North
Kenin Alpaugh	East Stroudsburg South
Scott Betts	Easton
T 1 0 11 1	
John Callahan	Freedom
John Callahan John Ritter	
	Liberty
John Ritter	Liberty Nazareth
John Ritter Travis Smith	Liberty Nazareth Northampton
John Ritter Travis Smith Todd Hetrick Omar Haddad	Liberty Nazareth Northampton
John Ritter Travis Smith Todd Hetrick Omar Haddad	Liberty Nazareth Northampton Parkland Pocono Mountain East







# Boys' Basketball Brett Radocha Whitehall

Academic Achievements

Class Rank: 62 out of: 342

GPA: ......3.937

SAT Score:.....1640

Honor Roll Member: National Honor Society

Athletic Achievements

All EPC 1st Team 2014 – 2015 Captain

Extra Curricular Achievements

Zephyr Nation Pep Club

Special Olympics Volunteer

Zephyr Basketball Camp Counselor

Brett is a very good (physics) student who demonstrates excellent critical-thinking and problem solving skills. Although he is on the quiet side, when he does have something to say, it is intelligent and pertinent. Couple that with his outstanding basketball skills and he is a wonderful representation of Zephyr student athletes

Sheila Viglianti, Physics Teacher







Senior Executive Council

Community Service Activities
Highway Clean–Up
Decorate Gracedale Nursing Home for Holidays
AP Scholar Award
Volunteer at Nazareth Middle School
giving music lessons
Participant in community Halloween
and Memorial Day Parades

Kimberly possesses many skills that make her a highly successful student athlete, leader, and mentor. She has a strong work ethic, great time management, impeccable communications skills, and a high level of determination. Kimberly is the true definition of what all student athletes should strive to be. Bradley W. Boandl, High School Band Director



# Girls' Basketball Kimberly Barr Nazareth

Academic Achievements

Class Rank: 4 out of: 391

GPA.....4.3

SAT Score.....2020

Honor Roll

Member: National Honor Society

Athletic Achievements
Captain





# Extra Curricular Achievements Festival of the Arts Club French Honor Society Technical Theatre (part time) Chorus

Community Service Activities
Volunteer Cheer Coach
Volunteer Dance Teacher
Help with Miles for Smiles
(Relief in Haiti)
Food Drive
Volunteer for District Chorus

# Cheerleading



# Cali Wojciechowski Parkland

Academic Achievements

Class Rank 128 out of: 756

GPA.....3.75

SAT Score.....1850

Honor Roll Member: National Honor Society

Athletic Achievements

Captain
District XI Placers 2015

Cali Wojciechowski participated on the Parkland High School cheerleading team during all four During that time, she also years at PHS. maintained a 3.9 GPA in GHP weighted academic classes and advance language classes/electives such as French 5 and Concert Choir. Cali stayed active outside the school environment as a volunteer cheering coach in the local youth cheering program and in her participation in gymnastics. In correspondence from her English teacher, it was noted that Cali is "an independent learner, always taking the initiative and leading classroom groups." It was also mentioned that Cali uses her educational and volunteer experiences to "inspire her compassion for others and provide a better understanding of the world around her". Cali received a large number of comments from her various teachers, all stating that she is an outstanding student and a role model for her peers.



# Extra Curricular Achievements Math Honor Society Science Honor Society German Honor Society German Club

Community Service Activities
Volunteer with Church Youth Group
Volunteer Swim Coach

### Boys Swimming



# Anthony Coates Parkland

Academic Achievements

Class Rank 59 out of: 756

GPA.....4.17

SAT Score.....2180

Honor Roll

Member: National Honor Society National Merit Commendation

Athletic Achievements

Captain District XI Placers 2015

Anthony is a four-year letter winner for the Parkland swim team. He was a top five finisher in District XI in five races and completed his career as a top ten finisher at the District XI level in eight races. During his time at Parkland, he medaled twice at the District level..Anthony's academic load includes predominantly AP and GHP classes in which his weighted GPA exceeds the maximum 4.0 level. When not swimming or studying, Anthony enjoys participating in the German Club, National Math and German Societies and National Honor Society. Instructional staff members at Parkland High School characterize Anthony as empathetic and an outstanding student. One teacher commented that Anthony "has tremendous insight into course materials and an innate ability to assume a



# Extra Curricular Achievements Swimming Track & Field Science Honor Society Math Honor Society FCA

Community Service Activities
Certificate of Merit – PA Education Agency
West Virginia Work Week
(Helping Hand)
Lifeguard
Volunteer Swim Coach

Descriptors like "extremely smart", "polite", "respectful" and comments like "I wish I had an entire class of her caliber" are what comes to the mind of Alexandra's teachers. Alexandra carries a grade point average exceeding 4.0 and is active in swimming, track, French Club, Key Club, and Club Med (medical club). She also belongs to the National Honor Society and Honor Societies in Math and Science. Additionally, Alexandra is an active member in the Fellowship of Christian Athletes. Her schedule is heavy with math and science AP courses which will prepare her well of her post graduate college career and her life beyond. Alexandra Bodnar has left her mark on Parkland highs school swimming as a four-year varsity letter winner; medaling four times

# Girls Swimming



### Alexandra Bodnar Parkland

Academic Achievements

Class Rank 37 out of: 756

GPA.....4.27

SAT Score.....12350

Honor Roll

Member: National Honor Society

Athletic Achievements

All-State Honors
All-EPC (MVC/LVC) 1st Team
All-EPC (MVC/LVC) Honorable Mention
District XI Placers
Captain





Extra Curricular Achievements
Football Captain
Debate Team

Community Service Activities
Project Hope of Easton
Special Olympics
Young Life

Wrestling



# John Callahan Freedom

Academic Achievements

Class Rank: 39 out of: 423

GPA.....4.45

SAT Score.....1810

Honor Roll

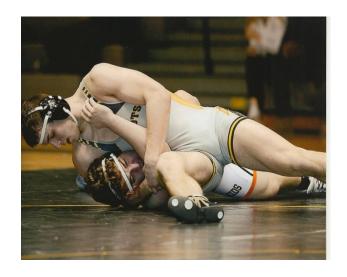
Member: National Honor Society

Athletic Achievements

All EPC (MVC/LVC) Hon. Ment. 2014 – 2015 District XI Placers (not team) 2013 2014 2015

Captain

Not only is John a gifted multi-sport athlete, but he excels academically as well. It is a credit to him that after all of the tournaments, college visits, practices, and games, he was able to maintain an A average in an AP Science Course. Great work and congratulations! – Eric Baltz, Science Dept. Chair



# **Spring Sports**

# Award Winners in Bold

Baseball	Softball
Carlos SolisWilliam Allen	Cara MorrellWilliam Allen
Jordon SanteeBethlehem Catholic	Martina CalluoriBethlehem Catholic
Maximus EbertAllentown Central Catholic	Charlotte BrochuAllentown Central Catholic
James Cox IIIEast Stroudsburg North	Linda BurkeEast Stroudsburg North
Sean McKeeEaston	Corrie SnyderEast Stroudsburg South
Lukas WiederEmmaus	Amanda LopezEaston
E. Daniel Knerr IVFreedom	Morgan PattersonEmmaus
Michael MittlLiberty	Dana PollockFreedom
Brett KlineNazareth	Allison KundrikLiberty
Noah DurninNorthampton	Haley WelkerNazareth
Chris RabascoParkland	Amber SaylorNorthampton
Nicholas DomeniciPleasant Valley	Madison MarshallParkland
Bryan IanniPocono Mountain East	Madison Shaneberger Pleasant Valley
James CramerStroudsburg	Hannah MaderPocono Mountain East
Jacob MeyersWhitehall	Kalista GioglioStroudsburg
	Abigail NguyenWhitehall

#### Boys' Track & Field

Cameron Rockwell William Allen
Andrew ShafferBethlehem Catholic
Benjamin TwiggAllentown Central Catholic
Zachary DesantisEast Stroudsburg North
Charles PeekeEast Stroudsburg South
Colin AbertEaston
Daniel VelascoEmmaus
Izaiah AventLiberty
Soren StruckmanNazareth
Andrew Martuscelli Northampton
Nicholas ZambelliParkland
Devon HarrisPocono Mountain East
Adedotun AdesarePocono Mountain West
Oliver MaloneyStroudsburg
Gabriel FieldWhitehall

#### Girls' Track & Field

Amy Sanders	.William Allen
Samantha Kaeser	.Bethlehem Catholic
Darcy Wolf	.Allentown Central Catholic
Kristen Lassell	.East Stroudsburg North
Jordan Luciano	Easton
Jaclyn Reinbold	.Emmaus
Shaina Palmer	.Freedom
Nicole Nelson	.Liberty
Nicole Boylan	.Nazareth
Hannah Marth	.Northampton
Madeline LeFrock	.Parkland
Harley DeJesus-Car	rreroPleasant Valley
Abigail Dalling	.Stroudsburg
Emily Brand	.Whitehall

#### Bous' Tennis

Ziyang Lin .....Pocono Mountain East

Danny Procaccino..... Stroudsburg

#### Boys' Volleyball

Gabriel Woffinden...William Allen Charles Benzing......Bethlehem Catholic

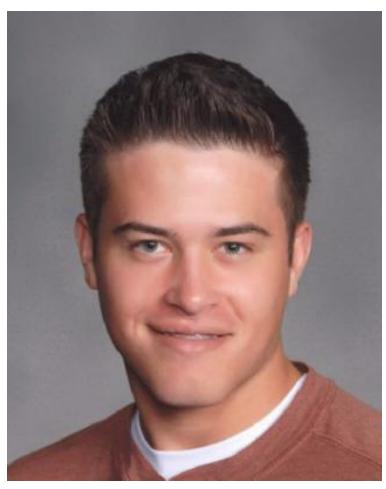
Daniel Fils-Aime.....Easton
Gregory Lind......Emmaus
Jonathan Hart.....Freedom
Ryan McGuire.....Liberty
Ian Hamsher.....Nazareth
David Cattano.....Northampton
Matthew R. Kiser.....Parkland
Kyle Sommers......Whitehall

#### Boys' Lacrosse

John Alvarez	Allentown Central Catholic
Justin Metzger	Easton
Jacob Baker	Emmaus
Nicholas Kopko	Freedom
Tyler Seddon	Liberty
Brandon Fauci	Nazareth
Benjamin Zager	Parkland

#### Girls' Lacrosse

Emma Savage	Allentown Central Catholic
Morgan Weiss	Easton
Elizabeth Mitchell	Emmaus
Caitlin Kennedy	Liberty
Hannah Roth	Nazareth
Emily Fehr	Northampton
Mackenzie Galli	Parkland





PARKLAND

#### Baseball

# Chris Rabasco Parkland

Academic Achievements

Class Rank: 31 out of: 756

GPA.....4.33

SAT Score.....1990 Honor Roll

Athletic Achievements

All-State Honors/Place 2014

All-EPC (MCV/LVC) 1st Team 2014

All-EPC (MCV/LVC) Hon. Mention 2012

Extra Curricular Achievements

Math Honors Society
Science Honors Society
Spanish Honors Society

Community Service Activities
Miracle League Volunteer
Sixth Street Shelter Volunteer





# Extra Curricular Achievements Future Business Leaders of America Key Club Scholastic Scrimmage Debate Team

Debate Ieam
JV/V Basketball (JV Captain
National Spanish Honor Society

# Cancer Fundraising – Northwest Explosion Softball Special Olympics

Camp Counselor at Country Home Learning & Art Center

PV Softball Clinics and Kids Night Out

"Madison is a very dedicated and involved student in class. She has a great attitude and has constantly given her best. She is a pleasure to have in class and is a worthy recipient of this award!"

#### Softball



# Madison Shaneberger Pleasant Valley

#### Academic Achievements

Class Rank: 53 out of: 506

GPA......3.78

SAT Score.........1740

National Merit Scholar

National Honor Society

Honor Roll

Athletic Achievements

All-EPC 1st Team 2013, 2014 All-EPC Honorable Mention 2012 District XI Placers 2012, 2013, 2014 Captain





# Boys Track & Field



# Oliver Maloney Stroudsburg

Academic Achievements

Class Rank: 1 out of: 433

GPA.....4.0

SAT Score.....2250

National Honor Society

Honor Roll

Athletic Achievements

District XI Placers 2014 Captain

# Extra Curricular Achievements Varsity Soccer Captain Future Business Leaders of America Varsity Sports Club National Honors Society

Science Olympiad

Students Against Destructive Decisions

Community Service Activities
Saint Rita's Free Medical Clinic Volunteer
Red Cross Rose Sale Volunteer
Soup Kitchen Volunteer
Community Clothing Drive

I really got to know Oliver as a student though during his junior year where he stood out immediately as one of the best math students I have had the pleasure of instructing. Oliver is very dedicated to doing well in academics, and I found it especially so in math. He was exceptionally successful that junior year and it continued right through this school year in the second level Calculus course. He has earned 100% in every marking period each quarter in both last year's and this year's classes, and has truly established himself as one of the brightest math students I have seen at Stroudsburg High School. As such I believe with his accomplishments on the sports fields, as well as in the classroom, he has shown he is an excellent candidate as a Scholar Athlete. – Ronald D. Clemson JR, Mathematics Teacher



#### Extra Curricular Achievements

Easton Angles Club Computer Science Club Varsity Indoor Track (State gualifier 60m 2015) Varsity Soccer

Community Service Activities
Volunteer in Autistic Assistance Classroom

Special Olympics Coach kids in Soccer Volunteer to do Neighborhood Yard Work

Jordan was one of the most diligent, hard working, dependable, intelligent students in my AP Statistics class. She completes all assignments and does well on all the tests. \_ Mrs. Chen



#### Girls Track & Field

### Jordan Luciano Easton

Academic Achievements

Class Rank: 9 out of: 638

GPA.....4.8

SAT Score.....2090

National Merit Scholar

National Merit Commendation

National Honor Society

Honor Roll

Athletic Achievements

All–EPC 1st team All–EPC Honorable Mention District XI Placers Captain







Future Business Leaders of America

I was privileged to teach Andrew Sinai in my Advanced Placement Calculus class during his junior year at Freedom High School. Andrew immediately stood out from other students, not just in mathematics ability, but as a truly unique personality. His creative thoughts and determination helped him succeed when other students struggled. Andrew's easy going nature and willingness to corroborate with his classmates gained him the respect of his fellow students. I wish him good luck in his future endeavors, and look forward to hearing about his future successes! - Charles Harakal, Teacher



# Boys Tennis

# Andrew Sinai Freedom

Academic Achievements

Class Rank: 46 out of: 423 GPA......4.34

SAT Score.....1740

Honor Roll

Athletic Achievements

All-State Honors/Place 2013, 2014

All-EPC (MVC/LVC) 1st Team 2012, 2013, 2014

All-EPC (MVC/LVC) Honorable Mention







# Boys Volleyball

# Matthew Kiser Parkland

Academic Achievements

Class Rank: 119 out of: 756

GPA.....4.11

SAT Score.....2040

National Merit Commendation

National Honor Society

Honor Roll

#### Extra Curricular Achievements

Concert Band
Marching Band
Orchestra
German Club
German Honor Society
Math Honor Society
Ski Club

Community Service Activities
County Band
District X Band
District X Orchestra





Extra Curricular Achievements
Ice Hockey – Captain
Cross Country
Future business Leaders of America
Interact
Math Honor Society
Science National Honor Society

Community Service Activities

Distinguished AP Scholar

National Spanish Exam Bronze Metal
Pennsylvania Economics Challenge State

Qualifier

Future Business Leaders of America State Finalist



# Boys Lacrosse

# Benjamin Zager Parkland

Academic Achievements

Class Rank: 45 out of: 756

GPA.....4.23

SAT Score.....2230

National Merit Commendation

National Honor Society

Honor Roll





Extra Curricular Achievements
Interact Club
Horseback Riding

Community Service Activities
Girl Scouts 12 years
Troop #83003

Liz has what you can't coach: the charisma and charm that wins her the adoration of her teammates and the determination that wins their respect. A natural leader and captain of the team, Liz knows not only how to challenge herself but also how to bring out the very best in those around her; she truly stands apart from her teammates in her commitment to improve as a player in her ability to react to setbacks, and in her positive attitude both on and off the field. – Mrs. Julie Williams EHS English Teacher and GLAXAssistant Coach

#### Girls Lacrosse



# Elizabeth Mitchell Emmaus

Academic Achievements

Class Rank: 23 out of: 603

GPA.....4.10

SAT Score.....1920

National Honor Society

Honor Roll

Athletic Achievements
All-State Honors/Place 2015
All-EPC 1st Team 2012, 2013, 204
Captain



# EPC Character & Sportsmanship of the Year Award

# Sportsmanship Policy

"The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, an awareness is expected of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed by the Eastern Pennsylvania Conference as a concrete measure of the understanding and commitment to fair play, ethical behavior, and Integrity."

There were 14 membership schools who submitted candidates for this year's awards. The calibers of the nominees were exceptional!! The committee followed a very comprehensive process in reviewing applications, narrowing the field and then choosing winners.

The information included in the applications of our 2 winners truly reflected the 6 Character Strengths & Virtues which our program was founded. We can all be proud that our league is spending the time, energy and effort to recognize such accomplishments.

# EPC Character & Sportsmanship of the Year Award 2014 – 2015

Joshua Plum ......Liberty High School Jordan Luciano .....Easton High School



#### Committee Membership

Chairperson Jeffrey Sodl - Principal, Stroudsburg High School

Elaine Arnts - Assistant Athletic Director, Easton Area School District

Jeff Geisel - Athletic Director, Parkland High School

Brad Pensyl-Athletic Director Pocono Mountain West

Jake Percy-Athletic Director Pleasant Valley

Benjamin Brenneman-Athletic Director East Stroudsburg South















