



Eastern Pennsylvania Conference Scholar Athlete Luncheon

Stroudsmoor Country Inn
May 30, 2018



**Eastern Pennsylvania Conference
Scholar Athlete
Luncheon**

Welcome

Mr. James Moniz, Principal Parkland High School

Presentation of Scholar Athletes

Mr. James Moniz, Scholar Athlete Co-Chairman
Mr. Jeff Sodi, Eastern Pennsylvania Conference President

Presentation of Sportsmanship Awards

Mr. Robert Steckel, Principal of Northampton High School

Lunch

Closing Statement

Mr. James Moniz

Scholar Athlete Nominees

Girls Track and Field

Kayla Argen-PME
Lauren Bunke-Becahi
Anmy Castillo-Dieruff
Morgan Covart-Pleasant Valley
Kassidy Cunningham-Whitehall

Emily Deschler-ACCHS

Olivia Emrick-Nazareth
Hanna Flaven-Northampton
Mia Jago-Parkland
Rebecca Lotito-PMW
Genevieve Martinelli-ESS
Sophie Pickering-Emmaus
Eleni Prodes-Liberty
Mikayla Roach-Easton

Melissa Salvadeo-Stroudsburg

Elena Spengler-Freedom
Jessica Williams-ESN

Boys Track and Field

Michael Allen-Nazareth
Samuel Arnold-Northampton
Javon Bernard-PMW
Sean Guydish-Easton
Keshawn Jones-PME

Malichai Jones-Pleasant Valley

Martin Labib-Whitehall
Yancarlos Nunez Cuevas-Allen

Shareef Parkes-ESS

Habeeb Salau-Parkland

Joshua Santiago-Dieruff
Aaron Shoemaker-ACCHS
Caleb Torres-Emmaus
Jaden Vazquez-Liberty
Andrew Youwakim-Freedom

Scholar Athlete Nominees

Boys Lacrosse

Micah Ballew-Easton

Adam Banko-Becahi

Nathan Hannis-Emmaus

Harrison Ike-ACCHS

Jack Lewis-Liberty

Ryan Miller-Nazareth

Gregory Milnes-Northampton

Alex Montoya-Freedom

Samuel Morgan-Parkland

Boys Volleyball

Ryan Antar-Dieruff

Sami Barhoum-Whitehall

Daniel Bienick-Liberty

Robert Corba-Parkland

James Haag-Emmaus

Carson Keefe-Northampton

Cooper Kovar-PME

Haybert Louchie-PMW

Phillip Roesch-Nazareth

Simranjit Singh-Easton

Michael Spirk-Becahi

Eastern Pennsylvania Conference Scholar Athlete Award Winners

Girls Basketball.....Leanna Deegan (Easton)

Boys Basketball.....Jacob Lisicky (Whitehall)

Cheerleading.....Amanda Wagner (Nazareth)

Girls Swim and Dive.....Zoe Sheridan (Parkland)

Boys Swim and Dive.....Matthew Ceh (Parkland)

Wrestling.....Greg Bensley (Pocono Mountain West)

Rifle.....Amber Ziegler (Emmaus)

Boys Tennis.....Seungkwon Son (Parkland)

Softball.....Krista Colussi (Nazareth)

Baseball..... Collin Duff (Parkland)

Girls Lacrosse Leanna Deegan (Easton)

Boys Lacrosse.....Ryan Miller (Nazareth)

Boys Volleyball..... Robert Corba (Parkland)

Girls Track and Field.....Emily Deschler (ACCHS)

Boys Track and Field.....Habeeb Salau (Parkland)

*At the conclusion of the ceremony, all scholar athletes are requested to participate in a group photo.



Girls Basketball
Girls Lacrosse
Leanna Deegan
Easton High School

Academic Achievements

Class Rank: 44/636
GPA: 98.53/100
SAT Scores: 1200

Athletic Achievements

All-State Honors/Place
All-EPC 1st Team
Captain

Extra Curricular Activities

EPC Student-Athlete and Character
Council
Spanish Honor Society
Women’s Welfare Club
Students for Change Club

Community Service Activities

Special Olympics Volunteer
Elementary School Tutor



“Leanna epitomizes the term student-athlete. She is a three- sport athlete in volleyball, basketball and lacrosse, earning a total of twelve varsity letters and has been recognized for her athletic accomplishments by conference and district coaches in each sport. In addition, Leanna maintains a rigorous AP academic schedule and has maintained a GPA that keeps her in the top five percent of the class of 2018. Leanna’s leadership style matches her personality that I like to describe a quiet intensity. She has a tremendous work ethic that is infectious among her teammates. “

Mr. Jeffrey A. Corpora, Teacher of AP United States Government and Politics

Scholar Athlete Nominees

Baseball

David Bertolotti-Liberty
Dylan DellaValle-PMW
Collin Duff-Parkland
Tim Healy-Freedom
Giancarlos Laboy-Allen
Zechariah Lambert-Northampton
Jerrel Laureano-ESS
Jacob Lisicky-Whitehall
Christopher Pambianchi-Easton
Reinaldo Rodriguez-Dieruff
Robert Roman-ACCHS
Grant Schichti-Emmaus
Grant Schneebeli-Nazareth
Justin Schwartz-Stroudsburg
Cameron Shook-PME

Girls Lacrosse

Gabrielle Barraco-Parkland
Leanna Deegan-Easton
Sarah Kaye-PV
Valerie Kline-ACCHS
Tori Millheim-Freedom
Elizabeth Ninesling-Emmaus
Chase Reinert-Liberty
Maura Schray-Nazareth
Nikole Somers-Northampton

Scholar Athlete Nominees

Boys Tennis

Charles Carbonetto-ACCHS

Cory Cox-ESS

Michael Irlbeck-Stroudsburg

Oneill Jaime-Dieruff

Jacob Kanyuk-Becahi

Jeremy Lim-Whitehall

Aman Malik-Emmaus

Ngun San Thawng-Allen

Thomas Schaefer-Freedom

Brian Smith- Nazareth

Gavin Snyder-Liberty

Alex Son-Parkland

Dominick Viscomi-Easton

Softball

Nellyn Acosta-Allen

Heather Alich-Northampton

Meghan Carbone-ACCHS

Krista Colussi-Nazareth

Casey Cunningham-Whitehall

Olivia Franco-PME

Ashley King-ESS

Shaelyn Marx-Stroudsburg

Joelle McKeever-Pleasant Valley

Natasha Mines-Becahi

Cassandra Passamonte-ESN

Tayler Perkins-Dieruff

Megan Purinton-Emmaus

Julia Roman-Freedom

Kyra Stanilious-Easton

Katelynn Truman-PMW

Mackenzie Wolfe-Parkland

Brooke Zigmond-Liberty



Girls Track and Field
Emily Deschler
 Allentown
 Central Catholic

Academic Achievements

Class Rank: 3/220

GPA: 4.16

SAT Scores: 1420

National Honor Society
 Honor Roll

Athletic Achievements

All-State Honors/Place

Extra Curricular Activities

PJAS

Viking Ambassador/Mentor

Officer-Student Council

Varsity Soccer

Varsity Cross Country

Science Olympiad

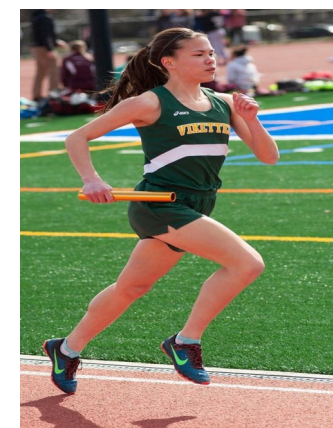
Best Friends Forever Club

Community Service Activities

Central City Project

Red Cross Club

Catholic Heart Work Camp Volunteer



“Emily is the epitome of the scholar-athlete. She is the best student in my Honors Physics classes in an exceptional group this year. It was amazing to experience how beautifully she handled her demanding athletic schedule this past fall – leading our soccer team to the district playoffs and at the same time leading the pack on our cross-country team as well. In addition, she is currently showcasing her long-distance running skills on the CCHS track team. Yet every assignment was picture perfect, every lab and group assignment was masterfully led, every test achieved an A. Her academic workload featured many other AP and honors classes in which she also excelled. She is cheerful and enthusiastic every day – you would never know she is training and competing in multiple sports. “

John M. Rosenberger, Science Department Chair



Boys Basketball
Jacob Lisicky
 Whitehall

Academic Achievements

Class Rank: 74/366
 GPA: 3.83
 SAT Scores: 1200
 National Honor Society
 Honor Roll

Athletic Achievements

Captain



Extra Curricular Activities

FBLA
 English NHS
 Science NHS
 Math Honor Society

Community Service Activities

Big Brother/Big Sister
 Via All Star
 EPC Student Athlete Character Council

Scholar Athlete Nominees

Boys Swimming and Diving

Colin Burnette-Freedom

Matthew Ceh-Parkland

Chris Chambers-Liberty

Ryan Frasca-Easton

Thomas Frevele-ESS

Jacob Liedberg-Stroudsburg

Patrick McAllister-Emmaus

Dibgo Mendieta-PMW

Greyory Milnes-Northampton

Taylor Pawloski-PME

Steven Stasolla-Nazareth

Harison Stevens-ACCHS

Phillip Swalm Rishel-Dieruff

Frederio Tirado Cardona-Whitehall

Wrestling

Joseph Barbella-Liberty

Jovany Belman Beltran-Whitehall

Greg Bensley-PMW

Jacob Frank-Easton

Brendan Finn-ESS

Colin Murphy-Stroudsburg

Logan Ninos-Northampton

Ryan O'Grady-Nazareth

Zachary Ortman-Parkland

Jacob Roma-ACCHS

Jeremy Storer-PME

Kevin Thompson-Dieruff

Taylen Torres-ESN

Andrew Youwakim-Freedom

"I have the pleasure of currently having Jake Lisicky in my Honors Dual Enrollment Issues In 20th Century History Class. He is an Outstanding student and his grades reflect that. However, Jake also brings enthusiasm and personality to class and he truly enjoys school. Jake has so many positive qualities that lead me to believe that his future is bright. Among them are integrity, diligence, and a caring attitude for his family and friends. He also interacts well with his peers and has high moral values that have witnessed over the last year."

Michael Yadush, History Teacher

Scholar Athlete Nominees

Cheerleading

- Oluchi Allen-Emmaus
- Morgan Ashton-Freedom
- Daniya Beard- Dieruff
- Amelia Bray-PMW
- Kennedy DeHaven-PV
- Grace Jenkins-Liberty
- Skylar Nelson-ESS
- Rylee O'Donnell-Northampton
- Peyton Ozbek-ESN
- Madison Smith-Parkland
- Victoria Torres-PME
- Amanda Wagner-Nazareth**
- Courtney Wagner-Easton

Rifle

- David Balazz-Freedom
- Eric Bushta-Stroudsburg
- Amber Ziegler-Emmaus**

Girls Swimming and Diving

- Hannah DeFino-Stroudsburg
- Jessica Hurlburt-Emmaus
- Mackenie Kaplan-Nazareth
- Kassandra Kunsman-ESS
- Maris Leisy Santos Rodriguez-Dieruff
- Caroline Martin-Whitehall
- Linda Mao-Freedom
- Nicole O'Neill-ACCHS
- Sydney Seip-PME
- Zoe Sheridan-Parkland**
- Kendra Smith-Liberty
- Rachel Smith-Easton
- Nicole Somers-Northampton
- Amilia Wilt-Allen



Cheerleading
Amanda Wagner
Nazareth

Academic Achievements

Class Rank: 44/382
GPA: 95.32
SAT Scores: 1300
National Honor Society
High Honor Roll

Athletic Achievements

All-State Honors/Place
District X1 Placers
Captain

Extra Curricular Activities

Blue Eagle Ambassadors
FBLA

Community Service Activities

Volunteer with Visions of Eagles
YMCA Summer Camp Volunteer



"Amanda Wagner is an excellent person and student. She embodies the spirit of Nazareth Blue Eagle Pride. Amanda is an asset to her school and community."

Mrs. Gina Rakos, Science Teacher



Girls Swim and Dive
Zoe Sheridan
 Parkland

Academic Achievements

Class Rank: 36/771
 GPA: 4.30
 SAT Scores: 1480
 National Honor Society
 Honor Roll

Athletic Achievements

District XI Placers

Extra Curricular Activities

Key Club Officer
 Latin Club
 French Club
 PALS Club
 Math National Honors Society

Community Service Activities

MiniThon



“It has been my pleasure to have had Zoe Sheridan in Latin in 2, 3, and 4. Zoe is a well organized and well prepared student, with excellent time management skills. She is a team player, contributing to the success of group projects.”

Magistra Redline, Latin Teacher

Scholar Athlete Nominees

Girls Basketball

Jailon Benson-Dieruff
 Angelica Byra-Stroudsburg
 Keeley Coval-Parkland
Leanna Deegan-Easton
 Kathryn Devonn-Emmaus
 Juliann Dugnam-Nazareth
 Drew Filchner-Northampton
 Masan Francis-PV
 Amanda Gerenza-PME
 Ariana Hines-Whitehall
 Diana Kocsis-Allentown Central
 Catholic
 Jany Oliver-ESS
 Morgan Orloski-Becahi
 Isis Russell-Allen
 Tatianna Rivera-Liberty
 Hailey Silfies-Freedom

Boys Basketball

Amadeus Cannon-Liberty
 Garrett Duh-Freedom
 Gregory Ecle-ESS
 Scott Kuna-Becahi
Jacob Lisicky-Whitehall
 Haybert Louchie-PMW
 William Melson-Dieruff
 Hansel Quezada- Easton
 Maihan Ramin-Nazareth
 Corey Riegel-Emmaus
 Elisa Scott-PME
 Zach Stendell-Parkland
 Colin Stivala-PV
 Jay Vaughan-ACCHS
 Cory Weisenberger-Northampton

Eastern Pennsylvania Conference Winter and Spring Scholar Athletes

In keeping with the ideals developed by the EPC, the Conference is proud to announce the Scholar Athletes for the Winter and Spring 2017-2018 athletic season.

All nominees are outstanding students, athletes, and role models within their school, community, and the Conference.

The following criteria was established and considered for the selection of each school's nominees as well as the EPC Scholar Athlete for each sport.

Academic Achievement - 40%

Includes GPA, Class Rank, SATs, and participation in National Honor Society, Honor Rolls, or National Merit Scholarship

Athletic Achievement - 40%

All State, All EPC, Captaincy, Special Achievements

Extra Curricular/Community Activities - 20%

Participation in school activities as well as other varsity teams and community activities

Eastern Pennsylvania Conference Scholar Athlete Committee Membership

- Elaine Arnts - Assistant Athletic Director, Easton Area High School
- Benjamin Brenneman - Director of Athletics and Activities,
East Stroudsburg Area School District
- Jeffrey Geisel - Athletic Director, Parkland High School
- James Moniz- Principal, Parkland High School, Co-Chairperson
- Brad Pensyl - Athletic Director, Pocono Mountain West
- Jake Percey - Athletic Director, Pleasant Valley High School
- Mel Riddick- Athletic Director, Louis E. Dieruff High School
- Luke Shafnisky - Principal, William Allen High School, Co-Chairperson



Boys Swim and Dive
Matthew Ceh
Parkland

Academic Achievements

Class Rank: 70/771

GPA: 4.15

SAT Scores: 1350

National Honor Society

Honor Roll

Athletic Achievements

District XI Placers

All-State Placers



Extra Curricular Activities

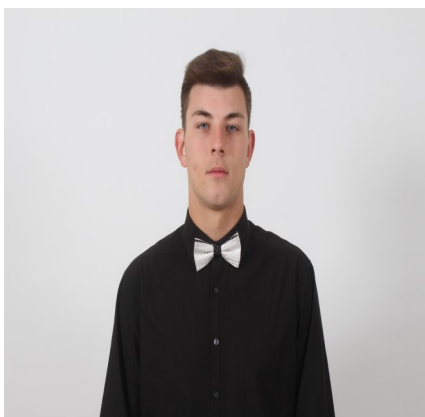
Key Club

Math Honor Society

Spanish Honor Society

"After having him in my class this year, I can honestly say that he is really an incredible student. Academically, he has done very well in my class, being able to make the connections of the abstract concepts presented and apply them in the lab setting. One of the best things about Matt in class is that he really is focused on learning. Grades are important to all students, but in Matt's case he really wants to learn and understand the material he's not seeking a grade, he is seeking knowledge and understanding, and as a teacher, it really a great thing to experience."

Charles Verenna, AP Chemistry Teacher



Wrestling
Greg Bensley
Pocono Mountain
West

Academic Achievements

Class Rank: 2/387
GPA: 98.35
SAT Scores: 1250
National Honor Society
Honor Roll

Athletic Achievements

All-EPC 1st Team
All State Honors

Extra Curricular Activities

EPC SAC Council-Community Outreach
Project
Weightlifting Club

Community Service Activities

Big Panther/Little Panther
Mentor Program
Salvation Army Bell Ringer



“Greg is an accomplished athlete who also strives for academic excellence. While challenging himself to take Advanced Placement and Honors courses, Greg has earned a 98.3 GPA, has attained Distinguished Honor Roll status throughout high school, and has earned a class rank of 2 out of 387 seniors. Recognizing the importance of community involvement, he has worked as a volunteer coach for youth basketball and baseball, and serves as a mentor for younger students in the PM school district.”

Sportsmanship Award Winners

Sebastian Mateo, Liberty High School

Wrestling

Courage – Sebastian was born in the Dominican Republic. He moved to Brooklyn, NY at age 10 where he witnessed violence, drugs and gangs due to his neighborhood. His family relocated to Bethlehem when he was in 9th grade. Sebastian worked very hard in the ESOL program to overcome his language barrier. He also worked extremely hard in the wrestling room and is proud of his North East Regional 5th Place Finish this season.

Transcendence – Extraordinary work ethic in school, community and family. Never misses a day of work in his job as brickyard worker. Takes care of his 5 younger siblings at home and never misses a wrestling workout or opportunities to help at youth camp.

Temperance – Role model to younger siblings, teammates and fellow classmates. Fierce competitor on the mat but extremely humble, gentle and respectful off the mat. Sebastian was recently offered a chance to continue his education and wrestling career at Bloomsburg University.

Sarah Kaye, Pleasant Valley High School

Field Hockey and Lacrosse

Humanity – Sarah unites and ignites spirit on the entire team. Sarah volunteers for every service project offered during the season. She is a model of giving and philanthropy for even adults to follow. Sarah organized the team to create individual and team oriented goals. Sarah used these goals to create a motivation poster for the locker room. As a varsity starter and leader Sarah was willing to play any position the team needed. She is selfless and does what is necessary to benefit the team.

Wisdom & Knowledge – Sarah has grown tremendously throughout her high school career. She is the strongest defender on our team, but also possess the most intelligent and savvy knowledge of the game. Off the field Sarah maintains a 4.0 GPA in her studies and is currently 4th out of 435 students in her class.

Temperance – Sarah is always one of the most intense competitors on the field. Even with this competitive spirit and playing a very physical game Sarah has never received a yellow or red card in all her years playing at the varsity level. She is always gracious, courteous and sportsmanlike to players, coaches, officials and fans.

Eastern Pennsylvania Conference Sportsmanship Award

The EPC is proud to sponsor an award in recognition of student athletes with exceptional virtues in character and sportsmanship. This award is given annually to one male and one female athlete. All membership schools are encouraged to nominate 2 candidates.

The conference is excited to announce the character and sportsmanship athletes for the 2015-16 school year. All nominees are quality student-athletes within their school and community. The winners are chosen following guidelines and rubric set by the character & sportsmanship committee.

The six character strengths and virtues used in the selection of award recipients are **wisdom and knowledge, courage, humanity, justice, temperance, and transcendence.**

Information on nominees was provided by coaches and school officials in each category below. A narrative statement is also submitted on each candidate. The committee considers all information in choosing the overall winners.



Rifle
Amber Ziegler
Emmaus

Academic Achievements

GPA: 3.46
SAT Scores: 1240
National Honor Society
Honor Roll

Athletic Achievements

All State Honors
District XI Placers
Captain

Extra Curricular Activities

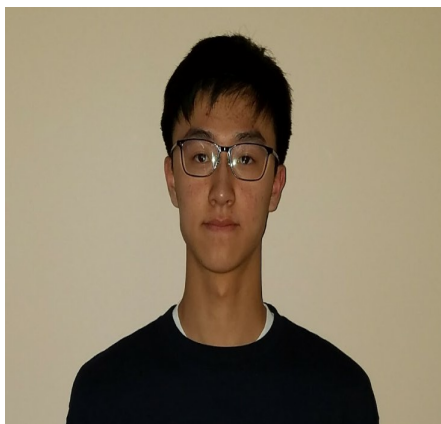
Cross Country
Track
SALT

Community Service Activities

Forgotten Felines and Fito Rescue



“Amber Ziegler is a lovely young lady who has a beautiful personality and a genuine desire to do her best and succeed academically. Amber is one of the most-sincere students from among many over many years. She is realistic about her performance and achieved results. Amber has a solid grasp on perspective, as she takes one day at a time, persevering when the circumstances call for it. She handles setbacks in stride and progresses further toward positive change. She works hard to achieve her goals both academically and outside of the school setting.” -Kristina Svencer, Biology Teacher



Boys Tennis
Alex Son
Parkland

Academic Achievements

Class Rank: 3/771

GPA: 4.74

SAT Scores: 1570

National Merit Scholar Commendation

National Honor Society

Honor Roll

Athletic Achievements

All EPC 1st Team

District XI Placers

Extra Curricular Activities

Math Honor Society Secretary

History Day

Mock Trial

FBLA

Science Fair

Volunteer at Good Shepard
Rehabilitation Hospital



“Alex is one of the most hardworking, committed, passionate, and ambitious students that I have ever had. His self-motivation and grit will help him continue to be successful and his contagious attitude will have a positive impact on those around him. I am proud of Alex in all his accomplishments and look forward to hearing about his future successes.”

Brian Ding, Math Teacher



Boys Track
Habeeb Salau
Parkland

Academic Achievements

Class Rank: 39/771

GPA: 3.96

SAT Scores: 1580

National Merit Scholar

National Honor Society

Honor Roll

Athletic Achievements

All EPC 1st Team

District XI Placers

Captain

Extra Curricular Activities

Muslim Association of Lehigh Valley
youth Group President

Political Science Vice President

Interact Club

Debate Team Captain

Community Service Activities

St. Luke’s Hospital Volunteer

Arabic Tutor

Nigerian International Association of PA

“Habeeb harbors a true interest in math, science and engineering. He is one of the few students I have who tries to figure out how what we are studying relates to what he is doing outside of class. Habeeb has challenged himself to accelerate through Parkland's Mathematics Curriculum so that he is taking Advanced Topics in Calculus now in his senior year. “

Melodie Stinner, Math Teacher





Boys Volleyball
Robert Corba
 Parkland

Academic Achievements

Class Rank: 13/771

GPA: 4.52

ACT Scores: 33

National Honor Society

Honor Roll

Athletic Achievements

Two Year Varsity Player



Extra Curricular Activities

Interact Club

Mathletics

Math Honor Society

English Honor Society

Science Honor Society

Community Service Activities

Community Advising Council Student Representative to Assistant Super Intendent

Meals on Wheels

“Robert is a very hardworking, dedicated and conscientious student. He has a natural aptitude for scientific work, and is genuinely interested in science, which is something that we science teachers hope to see in our students. “

Charles Verenna, Chemistry Teacher



Girls Softball
Krista Colussi
 Nazareth

Academic Activities

Class Rank: 7/382

GPA: 100.34

SAT Scores: 1410

National Honor Society

Honor Roll

Athletic Achievements

All EPC 1st Team

All State Honors

Captain

Extra Curricular Achievements

Senior Class Executive Council

MiniThon Fundraising and Planning Committee

National Honor Society

Interact Club

Community Service Activities

Miracle League

ALS Walk

Blood Drive Volunteer



“Krista Colussi personifies excellence. She strives for perfection in all aspects of her life.”

Mrs. Gina Rakos, Science Teacher



Baseball
Collin Duff
Parkland

Academic Achievements

Class Rank: 50/775

GPA: 4.26

SAT Scores: 1530

National Honor Society

Honor Roll

Athletic Achievements

Two year varsity player



Extra Curricular Activities

Math League

Class Officer

Math Honor Society

Latin Honor Society

PALS Club

Latin Club

Community Service Activities

Parkland for Parkland Fundraiser

Miracle League

“Collin is the third Duff boy I have had in class. He is a very bright young man, works hard at attaining his goals. Collin is currently in AP Calculus which is a second full year of college level Calculus. He is a most mature young man, works hard and I can always count on him to help out his peers in class when they find themselves struggling with the material.”

Melodie Stinner, Math Teacher



Boys Lacrosse
Ryan Miller
Nazareth

Academic Achievements

Class Rank: 30/382

GPA: 97.03

SAT Scores: 1460

National Honor Society

Honor Roll

Extra Curricular Activities

FBLA

Technology Instruction Crew

Dwight D. Eisenhower Leadership Award

Varsity Soccer Captain

Model UN Chairman

History Club Officer

Community Service Activities

Angel 34 Foundation Volunteer

Boy Scout– Eagle Scout



“Ryan’s approach to learning is quite refreshing. He wants to know the reason why so he can gain a deeper understanding of any topic. Ryan is truly a life-long learner. Ryan’s work ethic and academic focus will help him achieve all of his dreams!”

Douglas Myers, Physics Teacher