



Eastern Pennsylvania Conference Scholar Athlete Luncheon

Stroudsmoor Country
Inn
December 18, 2017



Eastern Pennsylvania Conference

Scholar Athlete

Luncheon

Welcome

Mr. Luke Shafnisky, Scholar Athlete Co-Chairman
Principal, William Allen High School

Presentation of Scholar Athletes

Mr. Luke Shafnisky, Scholar Athlete Co-Chairman
Mr. Jeff Sodl, Eastern Pennsylvania Conference President

Lunch

Closing Statement

Mr. Luke Shafnisky

Fall Sports

Award Winners In Bold

Golf

Ben Antonchak	Whitehall	Patrick Ramsdale	Pocono Mountain E.
Zachary Bayer	East Stroudsburg S.	Chad Sodl	Bethlehem Catholic
Jake Caverly	Emmaus	Austin Stella	Liberty
Andrew Knerr	Freedom	Jack Test	Northampton
Thomas	Allentown	Benjamin Tetzlaff	Parkland
Munshower	Central Catholic	Mason Wickman	Nazareth
Andrew Oliveira	Easton		

Boys' Soccer

Joshua Brent	Pocono Mountain E.
Dawson Berger	Parkland
Francois D'Elia	Allentown Central Catholic

Christian Gonzalez-Correa

James Haag

Fynn Haldeman	Easton
Joseph Hana	Whitehall
Nicholas Hanna	Northampton
Naabanyin Micah	William Allen
Jonathan Mickens	Pleasant Valley
Ryan Miller	Nazareth
Kean Paspuel	East Stroudsburg N.
Andrew Thomas	Bethlehem Catholic
Safa Turkdonmez	Liberty
Shawn Ward	East Stroudsburg S.

Girls' Tennis

Catherine Chen	Whitehall
Amanda Ciarlante	Pocono Mountain W.
Morgan Colver	Easton
Molly Ehrig	Bethlehem Catholic
Masani Francis	Pleasant Valley
Maanasi Gothoskar	Parkland
Gabrielle Harvilla	Liberty
Olivia Luchetti	Allentown Central Catholic

Christina Mitry	Dieruff
Rebecca Packo	Freedom
Shannon Reinhard	Northampton
Rachel Riley	Nazareth
Delaney Robbins	East Stroudsburg S.
Tiffany Serra	William Allen
Tina Zhang	Emmaus

Girls' Soccer

Brianna Argenziano	East Stroudsburg N.
Tessa Arguello	Pocono Mountain E.
Grace Butz	Stroudsburg
Sara Coyle	Pleasant Valley

Kassidy Cunningham	Whitehall
Daniella DelCorso	East Stroudsburg S.
Emily Deschler	Allentown Central Catholic
Sara Ebersole	Liberty
Kathryn Gonzalez	Pocono Mountain W.
Madeline Hall	Easton
Kayla McMenimen	Bethlehem Catholic
Katrina Olenwine	Parkland
Sophie Pickering	Emmaus
Janelle Saba	Dieruff
Tavia Tarsi	Nazareth

Girls' Volleyball

Lauren Achey	Bethlehem Catholic
Vivian Aly	East Stroudsburg S.
Alix Buskirk	Whitehall
Leanna Deegan	Easton
Alexis Eckhart	Nazareth
Olivia Franco	Pocono Mountain E.
Mia Jago	Parkland
Giana Jarrah	Dieruff
Julia Kester	Northampton
Renee Mapa	Pleasant Valley
Kaitlyn McGinley	Emmaus
Grace Mittl	Liberty
Emily Pellini	Allentown Central Catholic
Julia Roman	Freedom
Alexis Tavarez	William Allen
Jessica Williams	East Stroudsburg N.

Fall Sports

Award Winners In Bold

Boys' Cross Country

Michael Allen	Nazareth
Samuel Arnold	Northampton
Miles Blumenau	Whitehall
Matt Bodon	Stroudsburg
Chris Deschler	Allentown Central Catholic
Andrew Giovinazzo	Pocono Mountain E.
Sean Guldish	Easton
Jack Lewis	Liberty
Ryan Murphy	Pleasant Valley
YanCarlos Nunez Cuevas	William Allen
Kevin Pollock	Freedom
Jacob Ringer	Parkland
Joshua Santiago	Dieruff
Kyle Smith	East Stroudsburg South
Caleb Torres	Emmaus
Nicholas Zambo	Bethlehem Catholic

Girls' Cross Country

Sinar G. Bitar	Dieruff
Lauren Bunke	Bethlehem Catholic
Casey Cunningham	Whitehall
Abigail Dalton	Emmaus
Emily Deschler	Allentown Central Catholic
Hannah Flaven	Northampton
Hannah Graybeal	Liberty
Alyssa Grieco	Pleasant Valley
Stephanie Grundmann	Pocono Mountain E.
Sarah O'Connell	Stroudsburg
Mikayla Roach	Easton
Sara Ross	Nazareth
Virginia Shukaitis	East Stroudsburg South
Elena Spengler	Freedom
Erin Wood	Parkland

Field Hockey

Dhaniella Babelonia	Bethlehem Catholic
Allie Bianco	Parkland
Hailey Couch	Easton
Kassidy Cunningham	Whitehall
Olivia Emrick	Nazareth
Amanda Gerenza	Pocono Mountain E.
Alison Johnston	Emmaus
Sarah Kaye	Pleasant Valley
Ashley King	East Stroudsburg S.
Lucy Kitch-Peck	Liberty
Emma Mohanos	East Stroudsburg N.
Morgan Mullen	Northampton
Emily Saulino	Freedom
Bailey Weaver	Louis E. Dieruff
Sophia Saavedra	Pocono Mountain W.
Hannah Tepper	Stroudsburg

Football

David Aguiles	East Stroudsburg N.
Dabrial Ayala	Whitehall
Brent Beck	Pleasant Valley
Harrison Beil	Nazareth
Gregory Bensley	Pocono Mountain W.
Antonio Diaz	Bethlehem Catholic
Lucas Esposito	Pocono Mountain E.
Joseph Figueroa II	Freedom
Jacob Frank	Easton
Nathan Hannis	Emmaus
William Kroboth	Parkland
Vincent Lynch	Allentown Central Catholic
Michael Riytort	East Stroudsburg S.
Seth Schweyer	Louis E. Dieruff
Jose Taveras	William Allen
Jayden Vazquez	Liberty
Hunter Wacik	Northampton
Warren Watson II	Stroudsburg

Eastern Pennsylvania Conference

Scholar Athlete Award Winner

Boys' Cross Country.....	Matt Bodon
Girls' Cross Country.....	Emily Deschler
Field Hockey.....	Morgan Mullen
Football.....	Gregory Bensley
Golf.....	Thomas Munshower
Boys' Soccer.....	James Haag
Girls' Soccer.....	Sara Coyle
Girls' Tennis.....	Molly Ehrig
Girls' Volleyball.....	Alix Buskirk

Eastern Pennsylvania Conference

Scholar Athlete

Committee Membership

Elaine Arnts - Assistant Athletic Director, Easton Area High School

Denise Rogers — Athletic Director East Stroudsburg South High School

Jeffrey Geisel - Athletic Director, Parkland High School

Jim Moniz - Principal, Parkland High School, Co-Chairperson

Mike Delgrosso - Athletic Director, Pocono Mountain West

Jake Percey - Athletic Director, Pleasant Valley High School

Mel Riddick — Athletic Director, Louis E. Dieruff High School

Luke Shafnisky - Principal, William Allen High School, Co-Chairperson



Boys' Cross Country
Matt Bodon
Stroudsburg

Academic Achievements

Class Rank: 93/442
GPA: 3.54
SAT Scores: 1090

Athletic Achievements

All-EPC 1st Team
All EPC Honorable Mention
District XI Placers
Captain

Extra Curricular Achievements

Captain - Sports Club
Track and Field
FBLA
Interact
Student Council

Community Service Activities

Interact
Student Council

"I learned to measure my success from where I came from, instead of what others have done previously."



Eastern Pennsylvania Conference Fall Scholar Athletes

In keeping with the ideals developed by the EPC, the Conference is proud to announce the Scholar Athletes for the Fall 2017-2018 athletic season. All nominees are outstanding students, athletes, and role models within their school, community, and the Conference.

The following criteria was established and considered for the selection of each school's nominees as well as the EPC Scholar Athlete for each sport.

Academic Achievement - 40%

Includes GPA, Class Rank, SATs, and participation in National Honor Society, Honor Rolls, or National Merit Scholarship

Athletic Achievement - 40%

All State, All EPC, Captaincy, Special Achievements

Extra Curricular/Community Activities - 20%

Participation in school activities as well as other varsity teams and community activities



Girls' Volleyball
Alix Buskirk
 Whitehall



Academic Achievements

Class Rank: 20/370
 GPA: 4.296
 SAT Scores: 1230
 National Honor Society
 Honor Roll

Extra Curricular Achievements

President of Student Government
 Class President
 President of National Honor Society
 Newspaper Editor
 Yearbook Editor

Community Service Activities

Fellowship of Christian Athletes
 Zephyr Nation
 EPC SAC Council
 Science, Math, Spanish, and English
 National Honor Societies
 Big Brothers/Big Sisters
 Peer Mentor
 Treasurer Class of 2018
 Orientation Aide for New Students
 Boys Volleyball Manager
 Volunteer—Nursing Home, Snack Stand Duty,
 Summer Breakfast Program 2017, Whitehall
 Volleyball Camp



Alix is an extremely hard working and goal oriented individual. She balances activities both in and outside the school community, with educational success. Throughout our time together, Alix impressed me with her honesty, positive energy, and excellent work ethic. She was timely in submitting assignments and often worked ahead if her schedule was tight. While in class, she regularly participated in discussions, cooperative learning activities, and group work. Her leadership skills in those groups were always outstanding and the work she produced was top-notch. Alix finished every quarter for me with one of the highest averages in my classes. She certainly ranks as one of the best students I have ever taught.

Tom Falzone
 WHS Social Studies



Girls' Cross Country
Emily Deschler
 Allentown
 Central Catholic



Academic Achievements

Class Rank: 3/220
 GPA: 4.14
 SAT Scores: 1400
 National Honor Society
 Honor Roll

Athletic Achievements

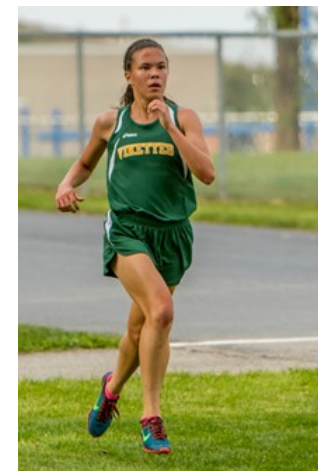
All-State Honors/Place
 All-EPC 1st Team
 District XI Placers

Extra Curricular Achievements

PJAS
 Viking Ambassador/Mentor
 Officer—Student Council
 Varsity Soccer
 Varsity Track and Field
 Spring Musical
 Best Friends Forever Club

Community Service Activities

Central City Project
 Red Cross Club
 Catholic Heart Work Camp Volunteer
 CYO Track Meet Volunteer
 Day Maruin Service Society



I had the pleasure of having Emily as a student in my Honors Biochemistry and Physiology class. Additionally, she was a participant in the Pennsylvania Junior Academy of Science (PJAS) event where I was her sponsor. Emily was the hardest working student in my honors biochemistry class and she ended the year with an A+ average in the class. It is evident that Emily does an amazing job balancing her academic and athletic commitments. It is no easy task to balance all these demands and still maintain superior grades and a positive attitude. Emily is truly one of my standout students who will impress everyone she meets, as she has impressed me during her high school years at Allentown Central Catholic High School.

I am certain Emily is going to do great things and I look forward to seeing what the future holds for her.

Jennifer Winchilla
 Chemistry and Biochemistry Teacher; PJAS Sponsor
 Allentown Central Catholic High School



Field Hockey
Morgan Mullen
Northampton

Academic Achievements

Class Rank: 37/433
GPA: 4.193
SAT Scores: 1160
National Honor Society
Honor Roll

Athletic Achievements

All-EPC 1st Team
Captain

Extra Curricular Achievements

Class President
Yearbook Editor
DECA
SADD
P.E. Club

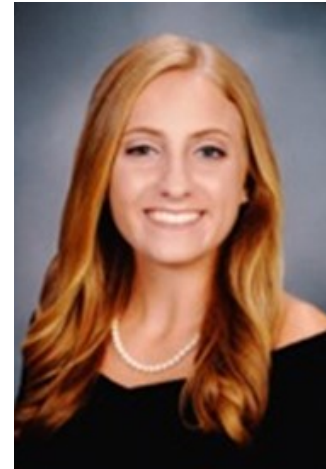
Community Service Activities

Angel 34 Foundation Student Rep
PA State Police Camp Cadet/Jr. Counselor
Field Hockey Youth Camp Counselor/Youth
Official
Church Youth Group—ELCA



I have known Morgan Mullen for two years in the capacity as her AP Microeconomics teacher last year and her AP Macroeconomics teacher this year. Morgan has been an outstanding student in both of my classes, demonstrating an excellent understanding of economic concepts. Morgan takes an active interest in class and her contributions to classroom discussions has always been pertinent and a dynamic part of my class. She is a kind, courteous student who takes her classwork seriously and is a pleasure to have in class.

Bill Gillespie, Teacher
Northampton High School



Girls' Tennis
Molly Ehrig
Bethlehem Catholic

Academic Achievements

GPA: 4.22
SAT Scores: 1410
National Honor Society
Honor Roll

Athletic Achievements

1st Place All-State Honors/Place
All-EPC 1st Team
District XI Placers
Captain

Extra Curricular Achievements

President of Key Club
Debate Team
PJAS Science Fair
National History Day Competition
Co-Head Blood Drive Committee
FACT Club
Mini-Thon Fundraising Committee

Community Service Activities

Peer Tutoring
Beca Event Volunteer: Open House/
Auction
Tennis Instructor—Kids Play Tennis
OLPH Church Volunteer



"Molly is arguably the brightest, most hardworking, and genuine students I have had the honor to teach, and I was fortunate enough to have her on several occasions involved in the activities I coordinate. The esteem faculty member's hold for Ms. Ehrig is of the highest regard. Despite all this success and praise Molly is the most genuine and humble young lady. I do not know if my words even do the young lady justice."

Steven Tomazewski

Molly's AP US Government Teacher



Girls' Soccer
Sara Coyle
 Pleasant Valley

Academic Achievements

Class Rank: 1/433
 GPA: 102.55%
 SAT Scores: 1410
 National Honor Society
 Honor Roll

Athletic Achievements

All-EPC 1st Team
 Captain



Extra Curricular Achievements

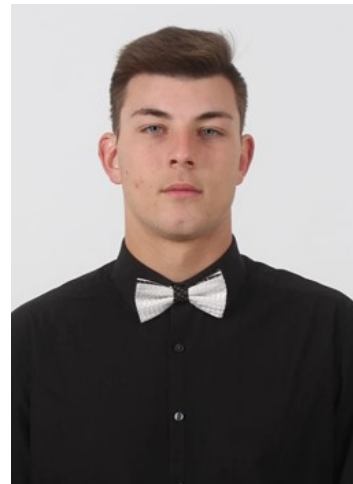
Officer—Future Business Leaders of America
 Pleasant Valley Tutoring Initiative
 National Social Studies Honor Society
 National Spanish Honor Society
 National Honor Society Talent Show
 Committee
 Rotary Youth Leadership Award

Community Service Activities

Vacation Bible School
 Relay for Life
 Tutor
 FBLA Community Service
 NHS Community Service

Sara Coyle is a person who defines a scholar athlete. Sara was extremely productive on the soccer field. This was evident as she was named captain for Pleasant Valley and was voted All-EPC 1st Team by the league's coaches. Equally as impressive as her soccer accolades is how Sara approaches her academic day at Pleasant Valley High School. Sara is very motivated. She is creative, pays attention to details, and works well with others. Sara makes everyone around her a better student, athlete, and person. This is a very rare quality to find among high school students. I am confident that Sara will apply what she has learned on the field and in the classroom and become an extremely successful young adult at the collegiate level.

Mr. Anthony Chupa, M. Ed.
 Social Studies Teacher
 Pleasant Valley High School



Football
Gregory Bensley
 Pocono Mountain West

Academic Achievements

Class Rank: 4/387
 GPA: 98.5%
 SAT Scores: 1250
 National Honor Society
 Honor Roll

Athletic Achievements

All-EPC 1st Team
 All-EPC Honorable Mention
 Captain



Extra Curricular Achievements

Wrestling State Qualifier
 Weightlifting Club
 EPC SAC Council-Community Outreach
 Project

Community Service Activities

Youth Baseball Coach—West Little
 League
 Big Panther/Little Panther Mentor
 Program
 Salvation Army Bell Ringer

Greg has developed his athletic skills at Pocono Mountain West High School through his dedication to the varsity football, track, and wrestling teams. He distinguished himself among other players when he was named 1st team EPC linebacker in 2015, 2016, and 2017, as well as 1st team EPC tight end in 2017. In 2012 Greg was the PJW state wrestling champion, and in 2017 he earned the EPC Defensive MVP award. Recognizing the importance of combining personal integrity with athletics, he also works on the Student Athlete Character Council. Greg is an accomplished athlete who also strives for academic excellence. While challenging himself to take Advanced Placement and Honors courses, Greg has earned a 98.47 GPA, has attained Distinguished Honor Roll status throughout high school, and has earned a class rank of #4 out of 388 seniors. Recognizing the importance of community involvement, he has worked as a volunteer coach for youth basketball and baseball, and serves as a mentor for younger students in the PM school district. Greg is employed by Moyer's Country Kitchen in Pocono Lake, PA.



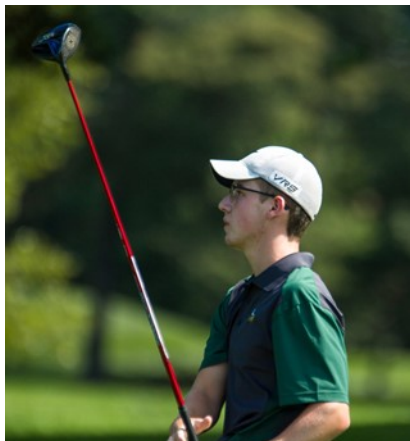
Golf
Thomas Munshower
 Allentown
 Central Catholic

Academic Achievements

Class Rank: 74/220
 GPA: 3.52
 SAT Scores: 1380
 National Honor Society
 Honor Roll

Athletic Achievements

All-EPC 1st Team
 District XI Placers



Extra Curricular Achievements

PA Math League
 NHS Tutor

Community Service Activities

CYO 7th-8th Grade Basketball Coach
 CYO Basketball Player
 Lehigh Valley Zoo Volunteer
 St. Joseph the Worker Church Volunteer

Tom Munshower remains a wonderful student. I taught Tom his freshman year and am currently teaching him during his senior year in Honors English 4. I have long appreciated the fact that as strong of a student as Tom is, and unlike many of his classmates, he does not need nor does he call all sorts of attention to himself. He continues to quietly go about his business, producing outstanding and interesting work reflecting his profound thinking.

Dave Ackerman, English Department



Boys' Soccer
James Haag
 Emmaus

Academic Achievements

Class Rank: 28/681
 GPA: 4.13
 SAT Scores: 1530
 National Merit Commendation
 National Honor Society
 Honor Roll

Athletic Achievements

All-EPC 1st Team
 All-EPC Honorable Mention
 District XI Placers
 Captain



Extra Curricular Achievements

EPC SAC Council Member
 Varsity Debate Team
 Officer Student Athlete Leadership Team
 Pennsylvania Math League
 Chorale, Select Choir, & Fermata
 Nowhere Acapella
 Varsity Volleyball
 Scrub League Basketball
 Future Business Leaders of America

Community Service Activities

PALS: Providing Social Opportunities for
 Special Needs Children
 Key Club
 Camelot for Children
 Altar Server at St. Thomas Moore Church
 Tutor

James has stood out as a talented, bright, hard-working, kind, and mature young man with a positive attitude and an extremely strong work ethic. He is one of the most well-rounded student-athletes I have had the pleasure of knowing. He is an outstanding student: an all conference soccer and volleyball player, a district choir member, and is our representative to our athletic leadership council. Most importantly, James is an outstanding person. He is a dedicated leader, and kind to all. I am proud to have James represent our program, and our school.

John Cari
 Head Coach – Boys Soccer
 Emmaus High School