

2015-16 Track and Field EPC All-Conference Team

GIRLS			
Event	1st Team	2nd Team	3rd Team
100m	Jaylyn Aminu, LIB	Amanda Crooks, WHI	Mahendra McWhite, DIE
200m	Jaylyn Aminu, LIB	Khyasia Caldwell-Adams, PME	Amanda Crooks, WHI
400m	Khyasia Caldwell-Adams, PME	Lizmarie Dejesus, DIE	Payton Shaffer, LIB
800m	Jennifer Mickens, PV	Olivia Sahaydak, LIB	Greta Stuckey, LIB
1600m	Jennifer Mickens, PV	Allana Powlette, STB	Katie Bacher, EMM
3200m	Abby Dalton, EMM	Kassandra Yocco, BC	Emily Deschler, ACC
100 Hurdles	Mahendra McWhite, DIE	Emily Wahlgren, NAZ	Grace Reed, PRK
300 Hurdles	Mahendra McWhite, DIE	Emily Wahlgren, NAZ	Jennifer Panny, PRK
High Jump	Kate Willshaw, EAS	Morgan Sherwin, PRK	Ivanna Jones, WHI
Pole Vault	Rachel Finn, LIB	Greer Gumbrecht, EAS	Mary Michael, PV
Long Jump	Khyasia Caldwell-Adams, PME	Maddy Brandt, PV	Anais Wilson, ESN
Triple Jump	Tatiana Williams, STB	Ayanna Burrell, STB	Brittney Hewitt, STB
Discus	Aja Blount, NOR	Rachel Tanczos, BC	Sydney Wilson, LIB
Javelin	Becca Meisse, STB	Quintessa Zamolyi, BC	Eleni Prodes, LIB
Shot Put	Britney Hewitt, STB	Jackie Arthur, LIB	CJ Lynch, ACC
400m Relay	Liberty	Whitehall	Stroudsburg
1600m Relay	Pleasant Valley	Stroudsburg	Whitehall
3200m Relay	Easton	Emmaus	Liberty

BOYS			
Event	1st Team	2nd Team	3rd Team
100m	Jahan Dotson, NAZ	Julian Liaci, NAZ	Danny Hunter, PV
200m	Jahan Dotson, NAZ	Julian Liaci, NAZ	Dyony Bueno, STB
400m	Nate Fogle, PME	Connor Temprow, PRK	Colton Maxwell, NOR

800m	Calvin Schneck, WHI	Greg Jaendl, EMM	Stephen Kraus, EAS
1600m	William Alpaugh, FRE	Sam Morgan, PRK	Kevin Lapsansky, EAS
3200m	Kevin Lapsansky, EAS	Seth Slavin, PV	Daniel Kyvelos, PRK
110 Hurdles	Change Hodge, ESS	Jahmaal Buckley, STB	Shamus Williams, BC
300 Hurdles	Change Hodge, ESS	Michael Couch, EAS	Jahmaal Buckley, STB
High Jump	Josh Briggs, NAZ	Isaiah Wiggins, PMW	Nicholas Walter, STB
Pole Vault	Amir Abdelnaby, STB	Cole Boychuck, PRK	Jake Slomiak, STB
Long Jump	Jahan Dotson, NAZ	Michael Mitchell, PV	Noah Dillon, ESN
Triple Jump	Isaiah Wiggins, PMW	Michael Mitchell, PV	Shaquille Mitchell, STB
Discus	Albert Menio, ESS	Jacob Clouse, ESN	Tyler Meyers, WHI
Javelin	Michael Marsack, STB	Brian Jasmin, STB	Jackson Buskirk, WHI
Shot Put	James Barnes, EAS	Nathaniel DeSouza, STB	Jacob Clouse, ESN
400m Relay	Nazareth	Stroudsburg	Pleasant Valley
1600m Relay	Parkland / East Stroudsburg South		Emmaus
3200m Relay	Easton	Emmaus	Whitehall